

Dear Friends,

We're thrilled to share that both sides of the Computer Sports Medicine inc. family will be together under one roof as we move to a new facility at 31 Tosca Drive in Stoughton, MA! For an updated W-9 with our new address, please reach out to Sales@CSMiSolutions.com.

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Exercise Database: Build your Rehab Plans in SportsWare

Looking for a better way to track rehab in SportsWare—without playing the guessing game? The Exercise Database includes 200+ exercises with images, videos, and clear instructions to help athletes stay on track, even when they're away from the athletic training room.

Print rehab cards or let athletes log in to review their workouts directly in SportsWare. Fewer questions, better compliance, and smoother rehab all around.

Want to take it for a spin?

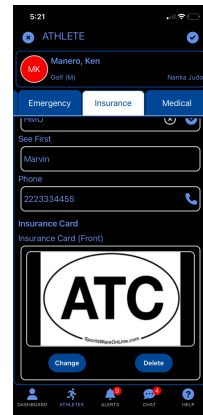
👉 [Book a session to check out the Exercise Database](#)

SPORTSWARE ONLINE Mobile Tip of the Month: Viewing Insurance Cards

When an athlete is asked for their insurance card, the last thing anyone wants is to dig through folders or scroll old emails. With SportsWare Mobile, essential insurance information is always right at your fingertips. Accessing insurance cards is easy:

Select "Athlete" from the navigation bar -> Tap the athlete's profile -> Tap on their name at the top of your screen to access their full record -> Swipe to the insurance tab, then scroll down.

Quick access when it matters—no paper chase required. Have questions about the app or want a quick walkthrough? 👉 [Book a mobile app review session](#)



Download Mobile for Android



Download Mobile for Apple

PROTOCOL EDITOR

	Description
✖	Ankle sprain
✖	Heat Stroke
✖	Quad Exercise Routine

Feature Spotlight: Building Protocols

Entering the same treatments for athlete after athlete? Assigning the same rehab plan to half the roster? SportsWare Protocols help you skip the repetition by letting you build custom, pre-set treatment or exercise plans—and assign them with just a couple of clicks.

Protocols live under the **Picklists** menu on the left-hand side of your screen, ready whenever you need them.

Need help building out your protocols?

👉 [Book a session with us and we'll walk through it together](#)

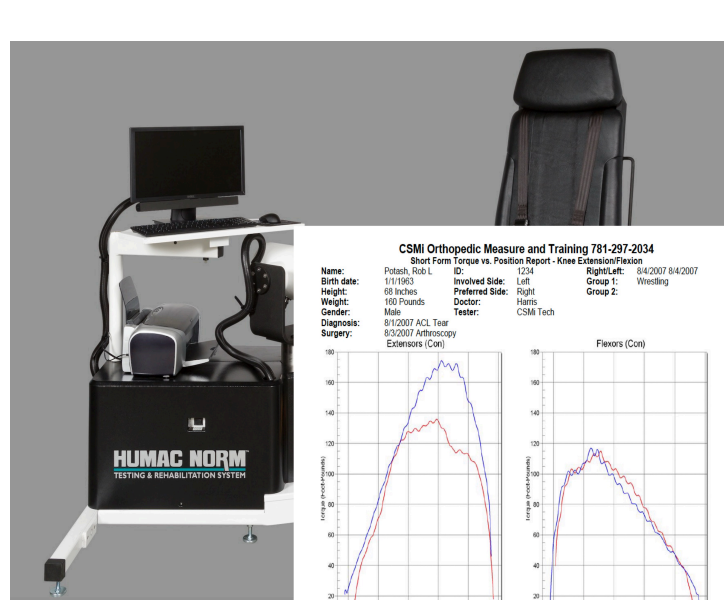
Community Spotlight - Ohio AT Honored for Saving a Basketball Official

During a high school basketball game, an official collapsed from cardiac arrest. Athletic Trainer Joe Thompson performed CPR and ultimately saved the official's life, earning the *Heartsaver Hero Award*. 👉 [Read the full story](#)



HUMAC NORM - See What You Are Treating

The [HUMAC NORM](#) Isokinetic Test Report makes it easy to see what you are treating so you can treat better. Isokinetic resistance set to the appropriate speed allows the patient to perform a maximum muscle capacity contraction at every point in the ROM. Deficits, see example, are easy to see which makes objective, evidence based treatment protocols possible. [Contact CSMi](#) for more info.



HUMAC BIKE

HUMAC NORM Owners use Isokinetic resistance training to increase strength because research has proven it's the most efficient resistance to build strength. Now the same Isokinetic resistance in the HUMAC NORM is available in the new [HUMAC BIKE](#) by CSMi.

Athletes with lower extremity injuries have a strong side and a weak side - - with the Isokinetic HUMAC BIKE both sides benefit simultaneously by simply pedaling harder. If your goal is to build strength, your athletes should be riding an Isokinetic bike i.e. HUMAC BIKE. Old timers -- think CYBEX FITRON.

Other features: cordless, adjustable crank pedal length, low step through

The best new product feature ideas originate from our Users. If you have a [suggestion or a question](#) please let us know. Thank you for reading. Exercise!

- Rich and Rob

[SportsWare Info](#)

[SportsWare Service](#)

[HUMAC NORM Info](#)

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